Serenity Sentinel

SERVING NATIONAL SPIRITUALISM

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COMPLETE CONTENTS ON BACK COVER

Our New Image

Richard P. Goodwin

In response to the ever growing interest in the Science Philosophy and Religion of Modern Spiritualism, the Serenity Sentinel is pleased to present this new quarterly magazine in the hope that it may help the many seekers who are searching for truth.

For over a year the Sentinel has published a monthly paper dedicated to the principal of service. Our new image will help us fulfill the purpose to which we are dedicated. Comments on our new magazine are sincerely appreciated and will serve as a guideline in bringing to you a publication of interest and enlightenment.

We want to take this opportunity to thank our many friends who have so generously supported our efforts in the publishing of the Sentinel during the past year. We are indeed grateful for their encouragement and gifts which made possible this "our new image."

Declaration of Principles

We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

In this manner we express our belief in the immanence of Spirit and that all forms of life are manifestations of Spirit or Infinite Intelligence and thus that all men are children of God.

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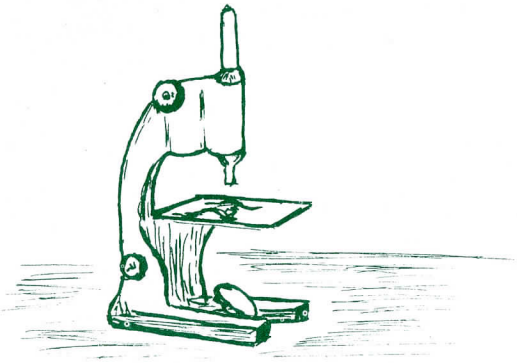

Youth

By Rev. Clyde Dibble

The large majority of our youth today are thinking for themselves in many fields, including religion. They are rejecting ceremonies, rituals, forms, etc., unless there is a demonstrable inner meaning of true and lasting spiritual significance.

Their mental universe is not cluttered, obstructed or restricted by the theologies of the past, by the traditions of their forbears, or by a regimented, obeisant sense of duty to adults.

They have the will and the courage to step on new paths in their honest, pressing search for God and Life in a better way. They lack only experience, but often this is more than compensated by their interest, wonder and enthusiasm.

Yet, there should be a note of caution. Each new generation has always wanted to be on its own, independent of its elders, to do its own thing. But at least in the past, the break from the older generation was not so complete as to destroy all confidence in and respect for parents, teachers, counselors.

The world of yesterday was not perfect, anymore than the world of tomorrow will be, despite the good work and honest effort of millions of good citizens. So, the bridging of the generation gap is also the responsibility of youth as well as of age. To categorically shut the door on all communication with parents is to shut out not only love, but wisdom gained often from years of hard lessons of experience.

To embark indiscriminately on the use of drugs for a new thrill, or even sincerely on an alleged new search for God, is to turn their back on known scientific results obtained from testing the effect and value of such drugs.

To ignore all self-control and self discipline as being "square" is to try to wipe out the advantages older teachers have learned. For instance, despite youth's impatience to express itself in so many ways, there is no capsule panacea, no convenient short cut to spiritual and psychic development. The separation of the faculties from the functions is not accomplished by a drug or pill, but by patient, persistent concentration, meditation, and spiritual exercises.

Contact with the spirit world requires the student to be well balanced, in thoughts as well as emotions, and to worship less the intellectual accomplishments of the brain, and intellect, as so many college students today do, and give more

attention to spiritual attributes, and old line virtues, as character, principle and integrity.

The older generation realizes it cannot live youth's life for them, but the toll of years and wear and tear on the physical body, can be avoided, if youth would just listen a little to the frequently offered wisdom of perception and experience.

Leadership in a new and better world of tomorrows has to be a joint enterprise, learning from the mistakes of the past, but not wiping out all the foundations of the past.

The vitality and vision of youth combined with the tried and known solid spiritual values which we in the older generation have found to be dependable and the open door to God and the Angel World- this is an unbeatable combination.

A Series of Questions and Answers Designed to Confer Light upon many Interesting Spiritual Topics.

By W. J. Colville

A Catechism of Spiritual Philosophy

(Continued from last issue)

Q. Can we develop clairvoyance in darkness?

A. Yes, and often healthfully, provided it is the natural darkness of night. But artifically darkened rooms in daytime, where atmosphere is stuffy, are sometimes injurious; especially to sensitive persons.

Q. Is it wise to form a circle for developing clairvoyance?

A. Yes, provided it is a circle of friends mutually interested who meet in a wholesome place and whose aspirations harmonize.

Q. Has diet any effect on seership?

A. Whatever food has the best general effect on health, tending to nourish the body properly, without overstimulation, is the diet to be prescribed. Heat is quite unnecessary, and often distinctly harmful.

Q. Has clothing any effect on seership?

A. Clothing must be comfortable, sufficiently warm, but never burdensome. White garments are always admirable, and any color which is specially friendly to the wearer may be worn with advantage; unrelieved black is never permissible.

Q. Are we ever clairvoyant while sleeping?

A. Frequently, and if after retiring at night we place ourselves in a mentally receptive attitude by calmly desiring and quietly expecting visions during sleep we are very likely to obtain them.

Q. Is clairvoyance often entirely spontaneous?

A. Yes, and whenever it is so it is apt to be more definite, reliable, and convincing than when induced by any outward methods.

Next issue - Clairaudience

Spiritualism in the Aquarian Age

By Suzanne Bray

With the dawn of the "Golden Age" the Blessings of Modern Spiritualism will lighten the pathways of mankind!

To those souls already awakened to their true nature and the spiritual heritage which is theirs, goes a responsibility of great magnitude. This is dissemination of truths to the masses of humanity who are spiritually starved.

The "Golden Age" is producing thinkers of intellect who refuse to accept the man-made fallacies, dogmas, and creeds of by-gone eras. Religion has a new and modern connotation.

The Latin base of the word is Religare, meaning to bind back, or hold back; to restrain or regulate. Religion was originally imposed to hold us back from, or keep us safely away from sin or misconduct. This dates back to early Christianity when the power of the priesthood formalized and set forth as divinely authorized rigid doctrines, creeds, and dogmas for the unquestioned acceptance of all believers.

The seekers have outgrown the traditions of the past and are searching for logic rather than myths that do not stand the test of any sensible reasoning.

Modern Spiritualism is religion on a rational basis emphasizing a correct understanding of the Spiritual Laws of life. There are no theological chains to shackle the mind or binding creeds to restrain our progress. It differs from all other religions because it is founded upon the Scientific Inductive Method of gathering, examining, and investigating related facts, both simple and complex, and studying, analyzing, and classifying these facts drawing conclusions based upon the findings. This is in accordance with known and proven laws instead of "supernatural" revelations.

The modern concept of religion is based upon an awareness of an affinity with a Supreme Being or Higher Power--a unity of man, the Spirit with God, the Universal Spirit. It is the outer expression of the inner understanding one has of a Power in the Universe. Spiritualists believe in Infinite Intelligence as this Power and that the physical and spiritual phenomena of nature are the expression of this invisible Power working, creating, and ruling through the agency of natural, immutable laws.

We do not find the source of religion in books. Man is Spirit, here

and now, manifesting into matter and the true source of religion is within the human soul where the Spark of Divinity, or Creative Principle, dwells. This God Power within the soul is revealed in all of nature. We find truth, harmony, and balance in the "Book Of Nature". The unfoldment of Mediumship and spirit communication, which is undeniable proof of the continuity of life, is in accordance with Natural Law and the awareness of eternal spiritual progression is made possible through the ever ascending spiritual states of beings expressing the Cosmic Intelligence!

Spiritualism is a way of life under the Natural Immutable Laws of the Universe. All the misery, suffering, and unhappiness in the world is caused by transgressions of Natural Law. "What we sow, so shall we reap", is merely the Law of Cause and Effect set into motion. Spiritualism teaches that every individual is personally responsible for his own redemption and salvation through the mastery of these laws.

Mankind, through ignorance, continues to interfere in the fulfillment of the effects of transgressions. This intervention prevents Nature's Laws from exacting their penalties which constitutes additional transgressions. For every ill effect there is a cause. The solution is through spiritual illumination and education which will treat of the cause, not the effect.

The values of Modern Spiritualism in the Aquarian Age are as infinite as the Power of the Spirit and to those Blessed with this understanding goes a greater degree of fulfillment physically, mentally, and SPIRITUALLY!

No one can carry your burden, no one can lift your load, but angels of Light wait patiently to tell you their stories of old.

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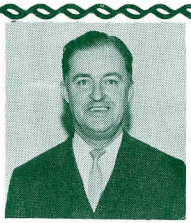

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The Truth Shall Set You Free

By Erickson Lewis

Jesus stated in **Jn. 8-32.** : If you continue in my word, then ye are my disciples, and ye shall know the truth; and the truth shall set you free".

What then is this truth.

What was Jesus teaching.

What was the knowledge he was willing to give to his disciples, that would set them free.!. Free from what.?.

Ignorance, of the law, which he stated "I do not come to destroy, but uphold it. (**Matt 5-17.**) What is this law that Jesus mentions? Spiritualists know of this Law as the Natural Law of the Universe by which all life and matter is made manifest and thru the manifestation, Cosmic and Universal knowledge of the Infinite Mind of the Father Creator is made known to all men; that they become as one of the Gods in the Image and likeness of the Creator. Ref. **Gen. 1-26**.

Are these laws then to be found in the Holy Bible as so written that all may understand without fear of error..NO. They are clouded, hidden in symbology and allegory; and when one considers the origin and compilation of the Modern Bible it is of little wonder that any such truths still remain in it.

The Master Jesus and many others did not teach religion as so known to man today, but a way of life under Natural Law, that would, by the knowledge of the laws involved, set men free of this earthly physical body and enable them to dwell in

the Kingdom of Heaven or the Fourth Dimension, or Spirit-world... and on the attainment of mastery would experience no more, the act of degeneration or death.

Paul stated; "It is sown a physical body and raised a Spiritual body" (**Ref. Cor. 15-44.**) thus intimating his knowledge of the act of death, and of the continued existence of the spiritual after death, for he also stated in verse. 45. "The first Adam was made a living soul and the last Adam was made a quickening spirit, within the flesh of the cube or the cross.

What then is this Law.?. It is

the Law of Regeneration of Matter thru the control of the Mind of Man, resulting in the final conquest of the act of degeneration or death. Should this not then be, the aim of every human being to attain to the mastery of matter whilst on this earth's plane.

Socrates said "Man know thyself, and thou wilt know the Universe"... Could this be also that which Jesus was teaching; that would set men free. We shall see.!. For in **John. 8-12.** Jesus said "I am the light of the world; he that followeth me shall not walk in darkness but shall have the light of the life.". This light being the knowledge of the Universal Life of the Infinite Creator.

He (Jesus) came as an instructor to teach the truth that would release man from the bonds of ignorance, thru education as was taught to him by the Masters of the Ancient Order of Melchisedek. The Essenic Order of the people of Nazarene. Jesus being ordained into this order after attainment of Mastery of the material essense of this plane.

Jesus knew human nature very well and the penalty for teaching Truth to the Darkened Mind; so much so that he predicted his own future for such teachings before it happened as related in **Matt 20-18** and **Luke 17-25** concerning his betrayal and death.

Is it any wonder that he constantly maintained "See thou tell no man, but go thy way **Matt 8-4**. "See that no man know it from thee' **Matt 9-30**. and above all as mentioned in **Matt 7-6**. "Give not that which is Holy unto the dogs, neither cast ye your pearls before swine lest they trample them under their feet, and turn again and rend you".

Today these conditions still remain, thru ignorance, hatred, and bias for the truth; and the desire for some to extinguish the light of truth whenever it is brought forth. However thru the Science of Spiritualism these truths may be brought forward and explained to those seeking greater knowledge.

This is not the kind of knowledge that is given from the pulpit, but only in dedicated classrooms of those who revere this knowledge with their life, for in the last analysis it will be part if not all of that life.

What then are these subjects that the Master taught.!. and to name some of them are as follows.

1. The Law of Regeneration.
2. The Salvation of Man.
3. The Re-Birth of the Perfect Man thru the Virgin clothed in the Sun as referred to in **Rev. 12-1**.
4. The True Resurrection of matter thru the control of the mind. Ref. **Romans 12-2**. "Be ye transformed by the renewing of your Mind".

Paul states that; "The gospel which was preached by me is not after man, for neither received it of man, neither was I taught it, but by the revelation of Jesus Christ (**Gal. 1. 11-12.**) Paul states that he received his knowledge thru the Power of Spirit (**Acts. 9. 3-9** and **Acts 26. 13-19.**)

Spiritualist today also receive instructions from beings of the 4.th dimension or spirit-world on the subjects of the great book of life. This is made possible thru the realms of Mediumship with and thru the Power of God the Infinite Mind. What we learn will enhance our daily living..understanding of the laws in action, and of the results of transgression.

TO BE CONTINUED

Mediumship Explained

By E. W. and M. H. Wallis

THE JOY OF KNOWLEDGE

The intense joy which results from the complete realization of the actual presence and identity of the so-called dead; of their independent activity; of their unchanged nature and affection—that they are truly alive, thinking, remembering, loving, and happy–that they are just themselves —must be experienced to be understood.

Let idealists, intuitionalists, and transcendentalists talk as they may about the superiority of those whose inner consciousness or philosophical attainments enable them to believe without such evidences, yet even they themselves are thrilled and delighted when they receive actual and satisfactory demonstrations of the personal survival of their own loved ones; and we know of no means whereby such evidences can be obtained save through mediumship.

When once the conviction has been driven home, and the truth of spirit ministry has been realized, nothing can destroy it.

The Spiritualist stands upon firm ground—the impregnable rock of ascertained fact. He knows that intercourse between the two worlds is real, continuous; therefore he is proof against all speculations, denunciations, and adverse theories.

Dogmatic condemnations, 'bogey' cries, charges of fraud against mediums fail to move or frighten him. He can 'speak what he knows and testify to what he has seen'; his positive and affirmative experience and testimony outweigh all the opposition of 'doubting Thomases' who do not know.

PATIENCE and PERSEVERANCE REWARDED

Through the gateway of mediumship the spirits make themselves known in a variety of ways. There are many phases of mediumship phenomena, and the student will find that he must be patient, painstaking, and persevering if he would make sure of his facts.

Careful investigation, possibly prolonged research, under many difficulties and with many discouragements, will be required; but 'success is certain if energy fail not,' and the results will adequately recompense him for all sacrifice and struggle!

For in the light of the demonstrated fact of continued conscious existence after death, it is clear that man is even now 'a spirit served by organs' - that consequently the basis

of all religious experience and affirmation is the spiritual consciousness of mankind. There could be no revelation to man of spiritual truth or moral duty if he were not a spirit possessing the capabilities of receiving and comprehending, of interpreting and applying, the revelations and inspirations which appeal to and quicken the inner (and higher) self.

Spiritualism is the science, philosophy, and religion of Life. As the Rev. H. R. Haweis has truly said: 'It leads us to the centre and source of life; it reveals to us the bright galaxy of ministering spirits, the Jacob's ladder which reaches from earth to Heaven, and upon which the angels of God are ascending and descending. Spiritualism has told us of the remedial world beyond. It points us to life, not death, for

' " 'Tis life not death for which we pant;
'Tis life of which our nerves are scant,
More life and fuller that we want." '

The corner-stone of the Temple of the Spirit, rejected by the literalists, must be again placed in position, and 'spiritual gifts' must be coveted and cultivated. Then the gates may be more fully opened and the angels freely come through to proclaim the glad tidings of life continuous, progressive, and joyous here and hereafter; and so the worship of God may find expression in the loving services rendered by man to man in both worlds.

"What is Mediumship?" forthcoming in next issue.

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Becoming A Spiritualist

By H. Gordon Burroughs

Spiritualism shows the seeker the way, the open door, to attainment.

Attainment of what? The understanding of self and of life, and through understanding, the development of the highest within himself. It was said by a teacher of long ago that nothing is impossible if we can control self. The attaining of self-control, together with the assistance of Infinite Intelligence in His ever-progressive creation, is the purpose of man's coming to the earth.

Why should one seek to develop the higher within one's self? It is that we may take our place on the higher planes of consciousness in spirit life after passing on, and that through developing the higher within ourselves, we, while still on the earth plane, may assist others who may have lost their way. We thus render greater service to our fellow men, which is rendering service to Infinite Intelligence; in such service is found true happiness, or the kingdom—the kingdom of which Christ spoke when he admonished us to seek first the kingdom of God that all things else might be added unto us. Spiritualism teaches that this kingdom is not a place but a state of consciousness, and that it can be found only within. It was Christ himself who said, "Behold, the kingdom of God is within you."

Where good dwells, Love will be found, which is God or Infinite Intelligence in action. Love in action creates sympathy for our fellowmen and for all things. When sympathy manifests within the heart of every individual, all human weakness will be understood. Man, sympathy endowed, will be able to judge all things, but he will condemn none.

Through sympathy, knowledge is born and knowledge leads to freedom. Sympathy without knowledge will lead us astray, and the good we might do will become wasted energy. Being able to judge judiciously, we can discern the real from the unreal; and in so doing, we can produce the most good. Sympathy must be controlled or we shall find ourselves caught in the eddies of misdirected effort. Sympathy uncontrolled is weakness and leads to failure.

Our hearts must go out to all men in all walks of life. It is necessary to mingle with them if we would do real good. We must put ourselves in every man's place before we can understand his viewpoint and the motive which may prompt his every act. We then become benefactors of humanity; and in so doing, we are

of service to God. We thus broaden our usefulness while on the earth plane, becoming instruments through which Infinite Intelligence can give to all the children of earth a divine blessing.

With true sympathy manifest in our lives, knowledge, as has been said, is born. Knowing how to live and expressing true sympathy produce within the individual that subtle power, poise. These three attributes —knowledge, sympathy, poise—wisely used make for success, health, happiness, and true greatness, and enable man to conserve his forces so that each act counts and each deed accomplishes its purpose.

Poise is a great tower of strength to body and to spirit. It is the controlling power of all our acts. Poise cannot be seen in the physical sense of the word; but it can be heard in the voice and it can be seen in the action of its possessor. It is recognized as a force. Poise does not demand a beautiful body or rich attire, but it manifests through those who have developed a broad sympathy. We cannot have poise unless sympathy is one with knowledge, for poise is the spirit controlling the heart and mind.

Spiritualism through its religious teachings, shows the way for its followers to develop these high attributes which make for a life of usefulness on the physical as well as on the spiritual plane to which all will journey when their tasks here have been finished.

There is no way to develop these qualities other than by correct and constructive thinking, as our thoughts build for us or destroy us, according to their character. Constructive thinking will enable Infinite Intelligence to speak through us to all the children of earth, giving to each the divine blessing of sympathy and teaching that in the exercise of wisdom do we increase wisdom; that in giving, do we receive; that in radiating love, health, and success do we lead others to happiness. Living in accordance with this philosophy will eventually produce a race with a true conception of life and its relation to the universal.

Spiritualism: The Religion of Self-Culture, Part 2, next issue.

As I came upon the mountain and felt the glory of my God, I looked about in wonder at the many paths I'd trod.

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Evolution Spiritually Interpreted

By Andrew Jackson Davis

Inorganic Evolution

ATOMIC FORMS OF MATTER

The original form of matter is angular. This contains the nature and principle of all other forms; so from the lowest, and from the intermediate forms, up to the highest there could be constantly produced other forms through the action of the Great Positive Power.

The angular particles of matter develop the circular, which in turn unfold rectilinear planes, diameters, axes, and poles. The progressive circular forms unfold and become the spiral, which is a more important stage in the process of development. The spiral contains the circular and all its properties and these are discoverable in the animal world. The spiral forms unfold the spiritual, which in turn unfold the celestial or perfect forms of rudimental matter.

Thus the angular develops the circular, the circular the spiral, the spiral the spiritual and the spiritual the celestial—all of which is contained in the perfect forms of the Human World.

FORMS OF ATOMS CHANGE

From this it is seen that the angular is the parent of all higher forms, and contains them all undeveloped, while the highest when developed pervades all the lower forms and unites them as one perfect whole. Therefore, the celestial forms of matter, which compose the human organization, are the flower of the germinal form which is the angular. For seed of all material compounds is involved in the lowest stage of matter, which germinates and produce the mineral world.

The mineral world adds to the body of the Great Tree of creation, whose next stage of development is in the form of the vegetable world. And this develops the animal world. Thus it is that the material Tree of Causation has successively yielded new forms which correspond to every general feature of germ, body, branches, buds and blossoms.

From these considerations it is made evident that matter is the same in every department of the Universe; but that it forms dissimilar organizations only as it becomes differently combined in its development.

The mineral, vegetables and animal compounds all enter into the composition of the human form, though these are essentially modi-

fied in the process according to the law of progression-man therefore is a perfect microcosm.

Thus it is that the mineral kingdom, when perfected, becomes the soul, measure and creator of the vegetables kingdom, and this when perfected becomes the parent, soul and creator of the animal kingdom. And the animal becomes the soul, measure and creator of the human organization.

Next issue - Crystallization Forms Angular Particles

The Law of Analogy

By John Thurman

Even superficially it will be apparent that an immediate goal for humanity, just as for the individual, is the achieving of that focused attention and mental quiet wherein reality can be contacted, the true and the beautiful can be registered, divine purpose can be recorded, and it becomes possible to transmit to the phenomenal form, upon the physical plane, the needed energy whereby the subjective realization can be materialized. Thus, just as the number of vitally alive brain cells available to each person increases as he continues on the Path to God, so each of us, as a cell in the planetary brain, becomes vitally alive to the purpose of the immediate Being in whom we be, giving peace which passes understanding, by analogy, to both.

Just as the lower self is gradually learning to cooperate with the guidance of the higher self (with a consequent increase in receptivity of brain cells), so is humanity, cell by cell, learning to cooperate with the planetary purpose (accompanied by a greater receptivity of planetary brain cells). Individually, on the physical plane, by means of the brain, the nature of reality is revealed. And analagously, thru humanity, on the physical plane, the nature of reality will be revealed, the true and the beautiful will be manifested, the Divine Plan will eventually work out, and that energy will be transmitted to **all forms** in nature which will enable the inner spiritual reality to emerge.

Now, we are god to the little lives (or cells) which make up the bodies thru which we manifest on the various planes of our existence. They depend on us for their ordering principle, and we depend upon them for the quality and power of our manifestation, plane by plane. It is in this way that the wisdom and purpose

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and life of the logos in whom we be, percolates, as it were, down into the little lives -- the cells in our bodies, thru which we, **and the Logos,** be. Thus, as we need our cells and they need us, so the Logos needs His cells and they need Him.

Logos means the ordering of ratio or measure. We are the logos, or ordering principle, of our own bodies, and are also, at the same time, cells in the bodies of Great Beings. It is the wisdom and magic of the Gods to harmonize the proper development of the little lives or cells (involution), with the evolution of the lives in whom they be, plane by plane. Consider just the physical body, built upon eight major systems, composed of organs, composed of tissues, composed of similar-purpose groups of cells, each cell composed of parts which are themselves composed of atoms, which are made up of sub-atomic particles (ordered energy-bundles), that order resting ultimately on what might be termed 'clefts of thought' -- thought ordering undifferentiated cosmic root energy into force.

Macrocosm means great world, or universe. Microcosm means little world or universe -- an organism or organization regarded as a world in miniature. Microcosm is related to macrocosm as macrocosm is to microcosm. The orders are reciprocally and analagously related. For example, macrocosmic tissues (which we call organizations or groups), are made up of similar-purpose cells (human beings sharing common objectives). Macrocosmic organs (like the brain of the Indwelling Life of our planet), are made up of appropriate groups (tissues) and are developed in ways analagous to those already discussed.

There is great power in the Law of Analogy. It could, for example, lead us into an understanding of the manner in which our Planetary Logos is a part in the being of that stupendous entity, the SOLAR LOGOS. It reveals, over and over again, that no man is an island; that God needs us (or we wouldn't be) and we need Him; that we are in God, and God is in us; that Diety, and man, and animals, and plants, and minerals, and atoms, and energy (which we are told is Spirit, which is God) -- all these are indissolubly linked in inter-dependence, in LOGOS.

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July 4 . . . 2nd Annual Founders' Day Celebration
July 15. . . Serenity Sewing Circle
July 18. . . Seminar
July 21. . . Men's Club
July 23. . . Lyceum Class
July 25. . . Seminar

Aug. 1 . . . Seminar
Aug. 15. . . Seminar
Aug. 18. . . Men's Club
Aug. 19. . . Serenity Sewing Circle
Aug. 22. . . Campfire Seminar
Aug. 28. . . Lyceum Class

Sep. 12 . . . Seminar
Sep. 15 . . . Men's Club
Sep. 16 . . . Serenity Sewing Circle
Sep. 19 . . . 2nd Anniversary Dinner - Social
Sep. 25 . . . Lyceum Class
Sep. 26 . . . Seminar

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